## A PROPER UNDERSTANDING OF SCIENCE AND SPIRITUALITY - A TRUE HEALING HERB

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## **Abstract**

With the available scientific knowledge, human beings consider themselves to be the most special ones in the creation, and from a spiritual perspective, they certainly are. From the scientific view, human beings are endowed with the ability to rule and govern the management of the earth and its environment, and they are doing so. According to the spiritual wisdom, human beings have been made special so that they can achieve the realm of knowledge and thereby liberate themselves from the material entanglements, which in other forms of life is not feasible. Even if we consider, science and spirituality the two different opposite aspects, which sometimes some of us do so, human life is something very special. If we delve deep into either science or spirituality, and cross a threshold of understanding, in everything, there appears to be the influence of someone and we find ourselves nothing but a medium of execution. Covered with ignorance, our vision remains narrow, and the world gets confined to the self, and then various problems start. To fulfill our selfish desires, we sometimes use science as the means, and other times, in the grab of spirituality, exploit the religious sentiments to further our goals. Being a practitioner of science and spirituality, both almost in parallel, and having an intense desire to see a harmonious society, this paper puts forth my thoughts on science and spirituality, and the message we get out of this. I present this in the form of my dialogue with a seer who is both a scientist and a spiritualist.