

THE EFFECTS OF PRENATAL SOUND AND MUSIC ON FETUS

Scientific and Vedantic perspectives

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Abstract

The study of prenatal sound and music on babies is an emerging field of research among the biologists, medical practitioners and psychologists. Moreover, the positive effects of prenatal hearing on babies are of general interest to all parents. Previously, among the scientific community, it was considered that the fetus to be inert and completely isolated from the external environments. The process of learning and acquiring knowledge was thought to begin only after birth. But the recent observations of fetus movement and increase in fetal heart rate to low frequency sound show that babies are active to external sound. Several studies also show preferential fetus movement to mother's sound against a stranger. Apart from fetus movement, prenatal sound found to enhance the growth of brain and nervous system. As the scientific research is making progress to unravel more truths, it is important to note that our ancient Vedic science already contains some good information about the effect of prenatal sound. However the focus is more towards effect of prenatal sound on subtle elements: Mind and Intelligence that affects the character of the baby. In this paper the authors make an attempt to explore the scientific findings and descriptions from Vedanta on prenatal hearing for development of child physically, mentally and spiritually to attain the goal of human life.