

ENERGY MEDICINE – MEDICINE OF THE FUTURE

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“Intellectual integrity made it quite impossible for me to accept the myths and dogmas of even very great scientists, more particularly of the belligerent and so-called advanced nations. Indeed, those intellectuals who accepted them were abdicating their functions for the joy of feeling themselves at one with the herd.”

Bertrand Russell (1872-1969)

Abstract

Science is one of the many ways of understanding this enigma called the universe. One should not lose sight of the fact that there are equally good other methods of understanding the nature of this universe, like, for example, spirituality. Although conventional science has believed that “science is measurement and measurement is science” as defined by Marie Curie, the reality is that science is as vulnerable to scrutiny as are other methods like spirituality. Energy, which runs this world, is now known to be the other face of matter itself. That being so, the world becomes a bundle of energy. Mankind becomes a part of that great energy cauldron interdependent and inseparable part at that. If we are interdependent in this “Maya” called the world, spirituality, which translates to sharing and caring in practical terms, becomes a vital necessity.

All our development in terms of science and technology thus far has been an external development with humans becoming more and more greedy, unmindful of the needs of their fellow humans. To make human beings human and humane, we must explore how spirituality, the internal development, could match the external development of science and

spirituality. The reductionist science of medicine, which uses the inanimate sciences of physics and chemistry, needs to be replaced by the holistic science of non-linearity. This could be achieved by the new science of Whole Person Healing (WPH) using energy source to set the deranged energy pattern of the healthy human being. In this new set up, health is defined as “enthusiasm to work and enthusiasm to be compassionate”. Diseases lose their sheen in this setting. Health promotion is our goal as was enunciated by Ayurveda thousands of years ago: “Swasthshya swastha rakshitham”-preserve the health of the well segment of the population. The paper goes into the depths of energy medicine; nay, the new science of medicine itself.