

About the Author



Professor B. M. Hegde is the retired former Vice Chancellor of the Manipal Academy of Higher Education (Deemed University) Manipal. He is also the Affiliate Professor of Community Health, University of Northern Colorado and the first Asian Visiting Professor of Cardiology at Middlesex Hospital Medical School, University of London. In 2003, he was awarded the Pride of India Award from the Federation of Indian Associations of Northern

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