

## **Program Schedule**



Time	Details
08:30 am – 09:00 am	Participants Collect their Registration Kits & Enter the Yamuna Hall
	Session 1: Inaugural Session
09:00 am – 10.05 am	Symposium Inauguration
	Chief Guest – Padma Shri Dr. B. N. Gangadhar, Chairman, National
	Medical Commission, New Delhi & former Director, NIMHANS, Bangalore
10.05 am - 10:20 am	Break
Session	2: Brain, Mind & Consciousness - An Overview
10:30 am – 11:00 am	Topic: Brain & Mind – Exploring the Foundations of Science and
	Medical Challenges
	Shri Varun Agarwal, Director, Bhaktivedanta Institute, Kolkata (Alumnus,
	IIT Kanpur)
11:00 am – 11:05 am	Question and Answer
11.05 am – 11:35 am	Topic: Neuroplasticity, Mind and Divine
	Prof. Sukanto Sarkar, HOD, Department of Psychiatry, AIIMS Kalyani
11:35 am – 11:40 am	Question and Answer
Session 3: Brain-	Mind Relationship: Perspectives from Indian Knowledge
	Systems
11:40 am – 12:10 pm	Topic: Yoga as a Spiritual Practice in Clinical Practice
	Padma Shri Dr. B. N. Gangadhar, Chairman, National Medical
	Commission, New Delhi & former Director, NIMHANS, Bangalore
12:10 pm – 12:15 pm	Question and Answer
12:15 pm – 12:45 pm	Topic: Science of Mind for Mental Well-being: A Vedantic Approach
	Shri K. Vasudeva Rao, President, Bhaktivedanta Institute, Kolkata
	(Alumnus, IIT Kanpur)
12:45 pm – 12:50 pm	Question and Answer
01:00 pm – 02:00 pm	Lunch & Group Photo
	Session 4: Neurons, Thoughts & "I"
02:00 pm – 02:30 pm	Topic: Can the Mind Relax, Consciously?
	Session 4: Neurons, Thoughts & "I"

	Dr. Madhavan C., Department of Physiology, AIIMS Kalyani
02:30 pm – 02:35 pm	Question and Answer
02:35 pm – 03:00 pm	Topic: The Brain's Alchemy? Binding thought, Memory & Logical Atomism Shri Sushant Sharma, Director of Cognitive Sciences and Performing Arts, Phylician Legistry Legistry (Algebra 1997)
02:00 pm 02:02 pm	Bhaktivedanta Institute, Kolkata (Alumnus IIT Guwahati)
03:00 pm – 03:03 pm	Question and Answer
03:03 pm – 03:13 pm	Topic: Privacy of Conscious Experience: A Quantum Information Approach
	Dr. Roshan Tiwari, Research Scientist, Bhaktivedanta Institute, Kolkata
03:13 pm – 03:15 pm	Question and Answer
Se	ssion 5: Holistic Healthcare & Spirituality
03:15 pm – 03:45 pm	Topic: A Place for Spirituality and Healing in Medicine
	Prof. Harald Walach, KS University, Vilnius, Lithuania (former Professor and Director, Institute of Transcultural Health Studies, Europa Universität Viadrina) (Online)
03:45 pm – 03:50 pm	Question and Answer
04:00 pm – 04:30 pm	Topic: Meaning, Mindfulness and Spirituality: Core Dimensions for Healing
	Dr. Wayne Jonas, Professor of Medicine at Georgetown University, USA & Former Director, Office of Alternative Medicine at the National Institutes of Health (NIH), USA (Online)
04:30 pm – 04:35 pm	Question and Answer
04:35 pm – 04:45 pm	Break
	Session 6: Interactive Session
04:45  pm - 05:30  pm	Interaction of Speakers with Participants
	Session 7: Neuroscience & Spirituality
05:30 pm – 06:00 pm	Topic: Principles of Neurotheology: Implications for the Study of Consciousness
	Dr. Andrew Newberg, Myrna Brind Center of Integrative Medicine, Thomas Jefferson University and Hospital, Philadelphia, USA (Online)
06:00 pm – 06:05 pm	Question and Answer